



## Quinte Health – Diagnostic Imaging Department

### CT Enterography Bowel Preparation

It is important that you follow the instructions carefully to ensure optimal imaging of the bowel. If you have any questions, please contact the Diagnostic Imaging Department at (613) - 969-7400 ext 2860 Monday to Friday between 8:00 a.m. and 4:00 p.m.

#### **Registration:**

Please arrive 1.5 hours prior to scheduled scan time for assessment and preparation.

#### **Exam Duration:**

Plan to be in the Diagnostic Imaging Department or at least 2 hours.

#### **Required Prep:**

- You will be required to purchase a 4L bottle of PEG electrolyte solution (GoLYTELY, PegLYTE, or CoLYTE) from your local pharmacy prior to having the exam. Bring the container with you on day of your CT scan. GoLYTELY is a laxative and is used for optimal visualization of the bowel. \*\*\*\***Do Not Drink the Solution at Home**\*\*\*\*

#### **48 Hours before the CT Scan:**

- Stop taking any medication containing iron 48 hours before your appointment

#### **Day before CT scan:**

- You may have solid food and liquids until midnight.
- After midnight you may have clear fluids only (water, apple juice, black tea or black coffee).

#### **Day of your CT scan:**

- You may take all your regular medications except those that contain iron.
- Bring the GoLYTELY container with you to your CT scan appointment. We will mix it for you and a nurse will tell you how much you need to drink.
- Your CT scan will begin approximately 1 hour after you begin drinking.
- Prior to the scan you will be given a needle to inject an x-ray dye and a medication that acts to slow down your bowel. This will improve the quality of the images.

#### **After the CT scan:**

- For 1 to 2 hours after your CT scan you will have loose watery stools so ensure that you are able to be near washroom facilities.