



DURING COVID-19, WE KNOW OTHER HEALTH EMERGENCIES HAPPEN.
We are taking precautions in order to safely treat all our patients.

**GO TO THE NEAREST EMERGENCY DEPARTMENT
FOR THESE AND OTHER EMERGENCIES:**



**Difficulty breathing or
shortness of breath when
doing very little or resting**



**Severe
stomach pain**



**Chest pain or
tightness
in the chest**



**Stiff neck and
sensitivity to light**



**Seizures or
convulsions**



**A broken bone or a
wound that may
need stitches**



**Confusion or
disorientation**



**Infant under 1 month old with a
temp over 38C (100.4F) or
child with fever over 38.3C (101F)
and is difficult to wake**



**Continuous vomiting or
severe diarrhea with
signs of dehydration**



**A mental health emergency such
as acute psychosis or mania.**

**Individuals having thoughts of
self-harm or harming others -
call crisis intervention at
1-888-757-7766**



Quinte Health