



Quinte Health

LEEP

Date of Surgery _____

Please bring this booklet the day of your surgery.

Quinte Health Form #156

LEEP (Loop Electro-surgical Excision Procedure) is a surgical procedure used to treat cervical abnormalities. A special, telescope-like instrument, called a colposcope, is used to look at the cervix. A fine, wire loop with a special, high frequency current is used to remove abnormal tissue from the cervix.

The procedure takes about 15 minutes and is usually done under a general anaesthetic (which puts you to sleep).

After the Procedure

It may take several weeks for your cervix to heal. While the cervix heals, you may experience some mild cramping (similar to a period). This can be managed with over-the-counter medications such as Advil or Tylenol (if not allergic) or by the prescribed pain medication from your Doctor.

Nausea, vomiting and dizziness may be experienced for 24 hours. You may obtain anti-nausea medication from any pharmacy without a prescription, i.e. Gravol (suppository or pill) or Bonamine (chewable) to relieve these symptoms.

You may experience heavy vaginal discharge for 2-3 weeks, which should not be more than a normal period. The discharge may be yellowish or occasionally bloody, but will gradually decrease as the cervix heals.

After the Procedure

Use sanitary pads. Do not use tampons or douche for 1 month.

If you have been given a vaginal cream to use, use 1 applicator each night until the cream is used up.

You may shower or tub bath as you wish.

No intercourse for 1 month or as stated by your surgeon, then resume intercourse as you feel comfortable. Use a condom for the first 2 weeks to protect the cervix as it heals.



Call your Surgeon or go to the nearest Emergency Department if you experience:

- Increased pain not relieved by pain medication
- Heavy bleeding which cannot be attributed to a normal period
- Foul-smelling, vaginal discharge

Appointment

Call your Surgeon's office to arrange for a follow-up appointment.

Special Instructions

Questions?

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Approved By: Department of Gynecology, Quinte Health

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