



CIRCUMCISION

Date of Surgery _____

Quinte Health Form #27

Circumcision is a procedure to remove the foreskin of the penis. Dissolvable stitches are used to close the incision.

The procedure takes about 30 minutes. The most common type of anaesthesia is general (which puts you to sleep) or local (which numbs the area).

Guidelines for Home

Rest and do quiet activities for the remainder of the day. Have someone available at home to help as needed.

Take pain medication as prescribed by your physician.

You may have a small dressing on the operated area. This is to remain on for 24-48 hours, but if it falls off, then you need not worry. After the time recommended by your doctor, remove the dressing. Do not pull it off.

Soaking in a tub of warm water will help to remove the dressing. Keep the area clean. Wear loose fitting underwear and clothing.

It is normal to have a small amount of bloody drainage from the incision for the first couple of days. If you have any yellow and/or foul smelling drainage, take a warm bath 3 times daily for 15 minutes to help clear this up.

Guidelines for Home

Occasionally, bleeding may occur. If this happens, apply pressure to the bleeding site with clean gauze, held firmly in place for 10 minutes. You may also ice the area with an ice pack for 15 minutes. Contact the doctor's office for further instructions.

Do not apply vaseline, cream and/or peroxide. Keep the area clean and dry. You may apply polysporin ointment twice a day.

If you have trouble urinating, it may help trying in the shower or in a bath tub

Avoid straining when having a bowel movement so there is less stress on the operated area. Drink extra fluids and eat high fiber foods (bran, whole grain, fresh fruits, vegetables).

Avoid sexual intercourse for 4-6 weeks to allow adequate healing.

Returning to work/school depends on the individual but most can return in 1-2 days.



Call your surgeon or go to the nearest Emergency Department if you have:

- Increased pain not relieved by prescribed medication
- Increased bleeding/increased swelling
- Unable to pass urine
- Signs of infection – fever, chills, foul smelling drainage

Appointment

Call your surgeon's office to arrange a follow-up appointment.

Special Instructions

Questions?

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