

Department of Surgical Services/Endoscopy

INFORMATION FOR PATIENTS ON DISCHARGE AFTER PROCEDURE

Endoscopist (Physician): _____ Date _____

ACTIVITY INSTRUCTIONS



Do not drive today under any circumstances.

- Due to the effects of the sedation, you will not be able to drive your vehicle or operate machinery until the day following your procedure
- **You are advised to have someone stay with you the remainder of today and overnight**



You should not drink any alcoholic beverages for at least 24 hours following your procedure

- Alcohol may interact with the drugs which have been given



If you are here for a procedure which involves a scope going into your mouth, please be aware a bite block will be placed in your mouth.

- While this protects your teeth and the equipment there is a small risk of damage to your teeth.
- Please discuss with the doctor should you have any questions

COMMON SIDE EFFECTS & POTENTIAL COMPLICATIONS

The following side effects are normal and should pass:

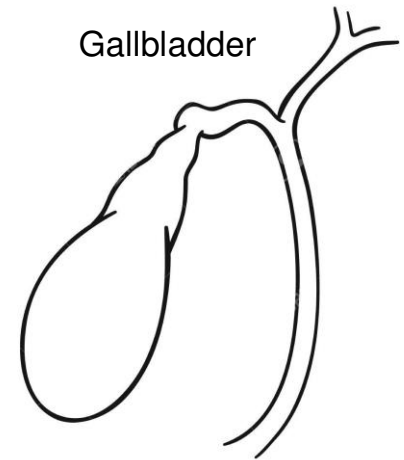
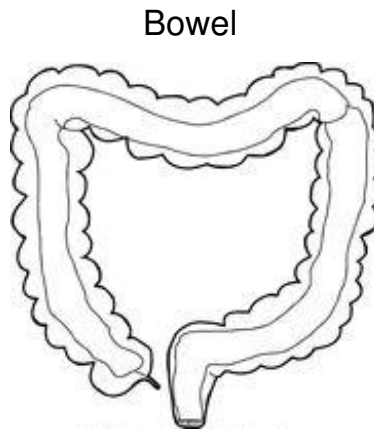
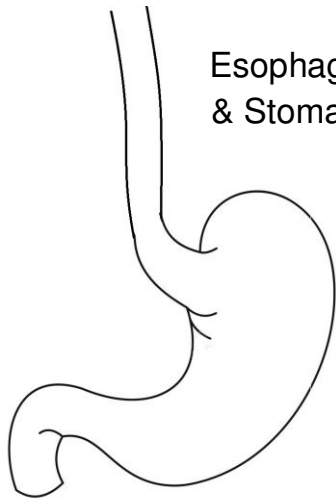
- Discomfort and/or tenderness at IV site
- Bloating or abdominal cramping from insertion of air during procedure
- Soft or abnormal bowel movements
- Light bleeding or streaks of blood in stool
- Dehydration
- Headache
- Light-headedness or drowsiness

If you experience any of the following symptoms go to the closest emergency department

- Rectal bleeding—other than minor spotting (e.g., bloody, black, or tarry stools)
- Severe abdominal pain / unresolved bloating
- Fever or chills
- Chest pain
- Difficulty breathing or swallowing
- Vomiting blood

PROCEDURE & KEY FINDINGS

- Gastroscopy Colonoscopy Sigmoidoscopy ERCP PEG



MANAGEMENT PLAN

(medications, communicating results, follow up, additional tests/ referrals)

DIET INSTRUCTIONS

- Diet as tolerated, unless:**
- E.R.C.P.:** Drink only fluids for the remainder of the day and overnight, then diet as tolerated
 - BANDING:** Drink fluids for the remainder of the day and overnight, then soft diet to diet as tolerated
 - POLYP REMOVAL:** Diet as tolerated unless otherwise specified
 - ESOPHAGEAL DILATATION:** Diet as tolerated unless otherwise specified
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