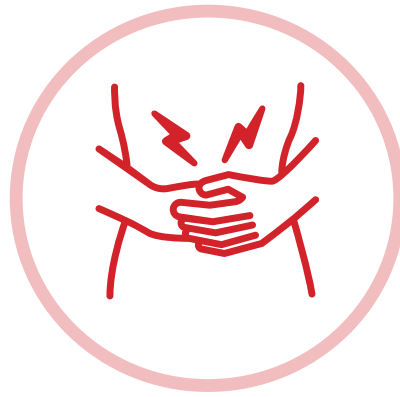


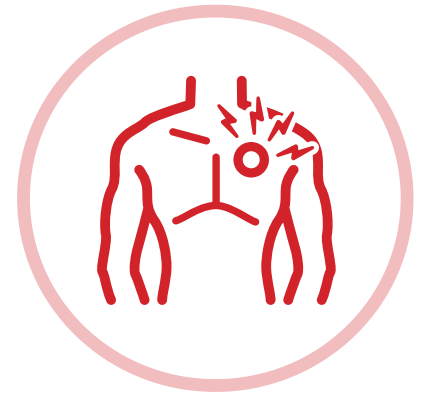
GO TO THE NEAREST EMERGENCY DEPARTMENT FOR THESE AND OTHER EMERGENCIES:



Difficulty breathing or shortness of breath when doing very little or resting



Severe stomach pain



Chest pain or tightness in the chest



Stiff neck and sensitivity to light



Seizures or convulsions



A broken bone or a wound that may need stitches



Confusion or disorientation



Infant under 1 month old with a temp over 38C (100.4F) or child with fever over 38.3C (101F) and is difficult to wake



Continuous vomiting or severe diarrhea with signs of dehydration



A mental health emergency such as acute psychosis or mania.

Individuals having thoughts of self-harm or harming others - call crisis intervention at 1-888-757-7766



Quinte Health